



Adas Yoshuron Synagogue

Shabbat

Song Circle January 10

Join us **Friday, January 10 at 6:00 p.m.** for our second Musical Shabbat. This Shabbat falls on the yahrzeit of Debbie Friedman, a Jewish singer-songwriter whose music lives in the hearts of many Jews throughout the world. We will join together to celebrate her music through prayer and song in true Debbie Friedman style. Please bring your voices and enthusiasm to join in. A potluck dinner will follow.



Shabbat Worship Services

January 11, 10:00 a.m.: Shabbat morning services led by Rabbi Lily Solochek. Kiddush lunch to follow, sponsored by Larry and Denise Singer.

January 24, 6:00 p.m.: Hebrew School class service

January 25, 10:00 a.m.: Learners Minyan

New! Weekday Minyan

Monday, January 27, 8:00 a.m.

Join us for a weekday morning service. Rabbi Solochek will lead and offer guidance throughout the service. Followed by coffee and schmoozing.

Adult Education Classes: Cultivating Habits, Jewishly

**Thursday, January 9 and 23
6:30-8:00 p.m.
at the synagogue OR on Zoom.**

Building new habits can feel overwhelming, and its easy to lose motivation when we hit bumps in the road. Come explore Jewish wisdom on cultivating sustainable habits, both spiritually and physically.

Please join us at the synagogue OR on Zoom. (Zoom is an easy-to-use online program that lets you fully participate from your computer.)

To join by Zoom, browse to <https://bcm.zoom.us/j/842358860> or call 669-900-6833 (toll) or 877-369-0926 (toll free) and enter meeting ID **842 358 860#**

Six-Week Family Program Sessions Begin January 12

Join us on Sunday mornings, starting January 12 at 9:00 a.m. We will meet each Sunday for six weeks. The program, geared towards children 0-6 and their families, will go through Sunday, February 16.

We will do a circle time with Hebrew songs. There will be stories with puppets relating to the weekly *parasha*. We'll enjoy a small snack, and do a simple craft project. Things we will cover include: Tu B'Shevat, the story of Joseph, the story of Moses, and the exodus from Egypt.



New Years Brunch: Sunday, January 26

We'll welcome 2020 together with a festive brunch at Adas Yeshurun on **Sunday, January 26 from 11:00 a.m.-1:00 p.m.**

Don't miss this opportunity to brighten up a winter Sunday with delicious food, community, family-friendly activities, and quality time with the friends you may not have seen much of this winter. Look for an email invitation soon. Please let us know you are coming so we will have an idea of how many to plan for.

More information will be coming soon from the Membership Committee.

Books & Bagels

Books and Bagels will meet **Sunday, January 19 at 10:00 a.m.** to discuss *Tell Me a Riddle, Requa I, and Other Works* by Tillie Olsen.

For more information, contact Judy Stein at judykstein@gmail.com

Weather or Not?

It is another Maine winter. As a rule, we are pretty tough, and don't let much stop us. But sometimes the weather is just too bad to risk driving in.

Please call the office if you are in doubt if a service, class, or event will be held. We will update our outgoing message if anything is canceled.

As always, even if the synagogue is open, please use your best judgement about whether to travel or not. Road conditions will vary depending on where you are coming from.



Contact our office:

info@adasyoshuron.org

We hope you like receiving our emails. However, you can always [unsubscribe from this list](#).

Adas Yoshuron Synagogue
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Office hours: Monday, Tuesday, Thursday, Friday, 3:30 - 5:00 p.m.

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